Some years ago, we had a pastor who, in his homily asked us, "If a friend asked you, what do Catholics believe?

What would you tell them?"

There was silence.

He said, "The answer is that we believe in the

Apostles Creed"

Of course we realized that we say it every Sunday at Mass
I believe in one God, the Father almighty, creator of heaven and earth, all things, visible and invisible and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, incarnate of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried.

He descended into hell; on the third day he rose from the dead; he ascended into heaven, and is seated at the right hand of

God the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Sometimes at mass we can't remember the words.

No problem.

We can read the words or listen to the congregation and join in with them.

That is proof that we depend on each other at mass and as a community!